



Winter/Spring 2026 Schedule

273 Main Street, Port Washington, NY
Cheers@RallyandPep.com ~ www.RallyandPep.com

Semester Start Date: By Class Day (below)

(Sunday Classes begin 1/25, Monday - 1/26, Tuesday - 2/3, Wednesday - 2/4, Thursday 1/29, Friday 1/23)

Semester End Date: Sunday, 6/7/26

Semester Duration: 16 Weeks (Monday, Tuesday, Wednesday, Thursday), 15 Weeks (Sunday, Friday)

Semester Cost: \$650**

\$50 non-refundable deposit due at registration, remaining balance due 1/9/26

Classes are subject to change or cancellation. Families will be alerted of any changes.

Monday		Tuesday		Wednesday	Thursday		Friday	Sunday
		1:20-2:10 Tumbling Preschool		2:35-3:25 Tumbling Pre-K			1:20-2:15 Tumbling Preschool	
3:30-4:20 Tumbling PreK-1st Grade		3:00-3:50 Tumbling PreK	3:45-5:15 Competition Cheer* Premier Pixies**	3:30-4:20 Tumbling PreK-Kindergarten	3:40-4:30 Competition Cheer* Tiny: PreK-1st Grade Novice	3:35-4:35 Competition Cheer* Mini: K-3rd Grade Prep	3:45-4:40 Acrobatics++ Intermediate	9:00-9:55 Cheer & Tumble Combo PreK-1st Grade
4:25-5:25 Competition Cheer* Mini: K-3rd Grade Novice	4:25-5:25 Competition Cheer* Premier Pixies**	3:55-4:45 Cheer & Tumble Combo K-2nd Grade	5:00-6:30 Competition Cheer* Premier Platinum**	4:25-5:15 Tumbling K-1st Grade	4:40-5:30 Acrobatics+ Beginner/Intermediate		4:45-5:40 Tumbling 3rd-6th Grade	10:00-10:55 Tumbling K-2nd Grade
5:30-6:20 Tumbling K-3rd Grade		4:50-5:40 Acrobatics+ Beginner/Intermediate	6:15-7:45 Competition Cheer* Premier Power**	5:20-6:10 Tumbling 2nd-3rd Grade	5:35-6:50 Competition Cheer* Junior: 4th-8th Grade Prep	5:35-6:50 Competition Cheer* Premier Power**		11:00-11:55 Tumbling 3rd-6th Grade
6:25-7:40 Competition Cheer* Youth: 3rd-6th Grade Prep	6:25-7:40 Competition Cheer* Premier Platinum**	5:45-7:00 Competition Cheer* Youth: 3rd-6th Grade Novice		6:15-7:05 Tumbling 4th-7th Grade	6:55-7:45 Tumbling 3rd-5th Grade			12:00-12:55 Acrobatics+ Beginner/Intermediate
7:45-8:35 Acrobatics Intermed/Advanced+++		7:05-7:55 Acrobatics Intermed/Advanced+++			7:50-8:40 Tumbling 6th-12th Grade			

No class the following days:

February Break (2/14-2/22) ~ Spring Break (4/2-4/12) ~ Memorial Day (5/22-5/25) ~ Friday 3/20/26

Competition Cheerleading

*Competition Cheerleading is a FULL YEAR commitment. Teams will compete in 1-5 local competitions (Winter 2025-Spring 2026) depending on level (Novice, Prep, Premier). Competitions may take place in NJ, PA or CT. There will be an annual competition cheer fee, a one time uniform fee and additional registration fees for each competition. Permission required to enter these classes during winter for new students.

**Semester Tuition for Premier team is \$950 due to twice a week practice. Permission needed to join this class, reach out for evaluation details. Tuesday Premier Practice will take place at 55 Harbor Park Rd.

-Novice is for true beginners - have never cheered/have never competed. (1-2 Competitions per year, 1 practice per week)

-Prep is for those with some experience. (2-3 Competitions per year, 1 practice per week, plus 1 additional tumble)

-Premier teams require evaluation. Students will be placed in premier cheer classes based on evaluation. (2-5 Competitions per year, 2 practices per week, plus 1 required tumbling/acro class of choice)

Acrobatics

+Students interested in Acrobatics class must have a strong cartwheel to join.

++Students interested in the Intermediate Acrobatics class must have a backbend to join.

+++Students interested in the Intermediate/Advanced Acrobatics class must have a backwalkover to join.

~Mommy & Me classes will run on an 8 week session schedule.